



JAR DECONSTRUCTED



Mandelic acid is also known to promote collagen pro

often marketed as a brightening treatment.

The Spa at Spring Ridge in Wyomissing, PA., features mandelic acid in its Circadia Berry Brightening Facial (60 min., \$130). Along with lactic acid, mandelic acid exfoliates the skin while pepperberry provides antioxidant protection. The treatment is said to be good for dry, dehydrated and lackluster skin.

At Skin Deep Day Spa in Jackson, MI., the esthetician chooses from a selection of Customized Chemical Peels (25 min., \$125), including Glycolic, Salicylic and Mandelic, based on the end-result the client would like to obtain. While glycolic is the choice for rejuvenation, salicylic acid is for blemish prone skin and mandelic is to reduce redness and calm the skin. The spa recommends a series of peels to achieve the optimal effect.

If you don't currently offer a facial with mandelic acid or

Rhonda Allison includes mandelic acid in its Mandelic Perfecting Polish, which is used as an all-purpose scrub that may be used in the treatment room as a second-phase cleanser or with steam as part of the prepping process to help boost the results of corrective treatments. While it is ideal for all skin types, it is a particularly effective treatment room choice for sensitive, acne prone and oily skins.

number of manufacturers currently formulating with this ingredient.

Rhonda Allison includes mandelic acid in its Mandelic Perfecting Polish, which is used as an all-purpose scrub that may be used in the treatment room as a second-phase cleanser or with steam as part of the prepping process to help boost the results of corrective treatments. While it is ideal for all skin types, it is a particularly effective treatment room choice for sensitive, acne prone and oily skins.

Hale & Hush takes the mask approach with mandelic in its BeeDazzle Mask to deliver rejuvenation without fuss or downtime by uniting refinement and recovery in one unique formulation. Along with lactic, mandelic offers sensitive friendly exfoliation while manuka honey nurtures healing with anti-inflammatory, antimicrobial and conditioning

Mandelic acid, specifically its chirally correct form l-mandelic acid, is incorporated in its l-mandelic acid serums, l-mandelic acid-based cleansers and a line of acne peels. On the importance of using chirally correct l-mandelic acid, co-founder Laura Cooksey noted, "Having the chirally correct molecule is essential in getting the results you want with your formulation. The chiral side of a molecule communicates with the cell receptors and gives increased skin absorption. When ingredients are chirally correct, the ingredient molecules fit perfectly into those skin cell receptors."

Conclusions

Pop culture often runs the risk of spiraling consumers blindly down the rabbit hole. In the case of mandelic acid, though, it seems that science is leading the charge—