

PROTOCOLS IN PRACTICE

## Wita-Chenew

## BY RHONDA ALLISON

Rescue skin from the winter blues with a vitamin-infused facial. Skin will drink in nourishing nutrients and essential vitamins and love the hydration.

The Glowin Future of Spray Tan

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- Step 1. Mix equal parts of Creamy Milk Cleanser and Citrus Gel Cleanser. Work into skin for several minutes. Rinse thoroughly with warm water and 4x4 gauze.
- Step 2. Perform a second cleanse using Skin Brightening Cleanser. Work into skin for several minutes. Rinse with warm water and 4x4 gauze. Pat skin dry.
- Step 3. Dispense 1/2 tsp. of Papaya Tangerine Enzyme and 1/2 tsp. of Bromelain Enzyme Paste into glass beaker. Mix together and apply to skin with firm, square brush. Massage into skin and let remain for 10 minutes. Remove with warm water and 4x4 gauze. Pat skin dry.
- Step 4. Add 1 dropper of Mandelic Arginine Peel, 1 smidgen of 50+ AHP Booster and 1 smidgen of Chamo-Weiss Liposome Power to same glass beaker and blend together. Using a firm, square brush, apply mixture to face and neck then gently massage into skin. Let this sit on skin for 1-3 minutes before moving to next step.
- Step 5. Prepare a cocktail using 2 pumps of MVC Serum and 2 pumps of C-Stem Cell. Massage into skin for 1-2 minutes. Follow

- with 2 pumps of Pumpkin E Serum. Massage into skin for 5-7 minutes. If more hydration is needed, add 1-2 pumps of Infuse 7 to Pumpkin E Serum. Let absorb and remain on skin.
- Step 6. Dispense 1/2 tsp. of Honey Paprika Mask and 1/2 tsp. of Grape Seed Parfait Mask into glass beaker. Mix together and apply evenly to skin with a firm, square brush. Lay two unfolded 4x4 gauze, dampened with cool water, on the upper and lower portions of the face. Roll chilled Ice Globes over gauze for several minutes. Remove mask with warm water and 4x4 gauze. Pat skin dry.
- Step 7. Dispense 2 smidgens of 50+ AHP Booster and 4 Sprays of Cucumber Spritz into glass beaker. Mix together and apply to skin with firm, square brush. Let remain on skin.
- Step 8. Massage 2 drops of Pumpkin E Serum into skin. If more hydration is needed, blend 1-2 pumps of Infuse 7 to Pumpkin E Serum. Let absorb and remain on skin.
- Step 9. Finish with a thin layer of Daytime Defense SPF30 or IllumiColour Natural Mineral Crème for daytime protection.