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more to thoroughly remove dirt and oils that can cause acne.

Witch hazel is also part of the Appaloosa Acne Facial (60 min., \$85) at the Syeni Salon + Spa in Apex, North Carolina. In the facial, which is named after a breed of horses known for spotted coats, witch hazel helps tone and tighten pores. Cayenne is incorporated as an anti-inflammatory, while clove serves antiseptic benefits and willow barks functions as an astringent. Jojoba is included to moisturize without



Witch hazel is useful for the treatment of acne.

Professionals can find witch hazel in Rhonda Allison's Milk Mask, where it provides astringent, antioxidant and soothing properties to skin. The mask is designed to reduce inflammation, calm and hydrate traumatized sensitive skin after chemical

peels, microdermabrasion or laser treatments.

Speaking of peels, prep skin for peels with witch hazel in Medicalia's Peel Prep Solution, which uses witch hazel to degrease the skin while Acto-Zyme helps thin the stratum corneum.

Finally, ZAQ formulates with witch hazel in its Organic Redefining Brightening Peel, which works to illuminate and energize dull, uneven and lackluster skin.

### Conclusions

Witch hazel holds almost limitless powers in the realm of skin care benefits. It's a perfect secret weapon in the esthetician's arsenal against skin afflictions. ✂

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formulated to rehydrate the skin while improving absorption of ingredients. It reduces discomfort and irritation, balances surface lipids and assists in boosting hydration levels.

Éminence includes witch hazel in its Rice Milk 3 in 1 Cleansing Toner, where it serves astringent and

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