

PREP & PRIME FACIAL

Rhonda Allison's Prep & Prime Facial provides quick, effective antibacterial support and a thorough, deep pore cleanse for fresh, beautiful skin. A versatile, clarifying facial with lots of options that uses digestive enzymes to support normal to problematic skin while providing calming relief with rosemary and basil; reduces inflammation and redness, hydrates and nourishes, balances oil and purifies for more vibrant, healthy-looking skin.

PRODUCTS USED

Beta Green Tea Cleanser

All Purpose Tonic Pads

Mint Papaya Enzyme

20% Glycolic Acid

Bromelain Enzyme Paste

Blemish Serum

Balancing Grape Seed Serum

Rosemary Basil Mask

Milk Mask

Mandelic Arginine Peel

Zinc Relief

SKIN PREPARATION

Cleanse the skin thoroughly with **Beta Green Tea Cleanser**. Rinse with warm water and 4x4 gauze. Pat skin dry.

Remove one **All Purpose Tonic Pad** and swipe face and neck for antibacterial support. Let product absorb and remain on skin.

ENZYME APPLICATION

OPTION 1: Dispense 1 tsp. of **Mint Papaya Enzyme** into glass beaker and apply evenly to face and neck with firm, square brush. Massage into skin for 5 – 7 minutes. Note: May apply steam or hot towel.

OPTION 2: To boost this enzyme, dispense 1 tsp. of **Mint Papaya Enzyme** and 1 dropper of **20% Glycolic Acid** into glass beaker and mix together. Apply evenly to face and neck with firm, square brush. Massage into skin for 5 – 7 minutes.

OPTION 3: Dispense 1 tsp. of **Bromelain Enzyme Paste** into glass beaker and apply evenly to face and neck with firm, square brush. Massage into skin for 5 – 7 minutes. Remove enzyme with tepid water and 4x4 gauze. Rinse several times to ensure thorough removal. Pat skin dry.

Note: Extractions may be performed at this time. Apply **All Purpose Tonic Pad** when finished for antibacterial support.

BUILDING AND STRENGTHENING APPLICATION

Apply 1 – 2 pumps of Blemish Serum to face and neck. Let absorb and remain on skin. Apply 1 – 2 pumps of Hydra

Complex Serum and massage into face and neck. Let absorb and remain on skin.

MASK APPLICATION

To promote healing and reduce redness, dispense 1 tsp. of **Rosemary Basil Mask** into glass beaker and apply to skin with firm, square brush. Let remain on skin for 10 minutes. Rinse with warm water and 4x4 gauze. Pat skin dry.

OPTIONAL: Create an enzymatic mask for more coarse, thick, problematic skin. Dispense 1/4 tsp. of **Bromelain Enzyme Paste** with 3/4 tsp. of **Milk Mask** into glass beaker. Blend together and apply to skin with firm, square brush. Let remain on skin for 10 minutes. Rinse with warm water and 4x4 gauze. Pat skin dry.

FINISHING APPLICATION

Apply 1 – 2 pumps of **Mandelic Arginine Peel** to face and neck. Let product absorb and remain on skin.

Finish with a thin layer of **Zinc Relief** for daytime protection and additional hydration.