

put it into practice

MENOPAUSAL ACNE

Trendsetters share insights on their menopausal and hormonal-based acne products they recommend for clients.



SHANNON EASU, L.E.
CEO & National Educator for Rhonda Allison Cosmeceuticals

"Hormonal imbalances definitely affect the skin. Teenagers, as well as adult hormonal challenges, may lead to acne blemishes. To support the skin, I recommend the Acne Remedies Balancing Grape Seed Serum, which contains wild yam extract, a natural progesterone that balances and supports healthy tissue and clary oil, which improves skin challenged by hormonal imbalances. It also provides potent antioxidants and restores skin balance."

rhondaallison.com



JOEL L. COHEN, MD
Director of AboutSkin Dermatology and DermSurgery

"Acne has several causes including hormones, stress, genetics, high glycemic food, and dairy products. Emepelle Serum is a great daytime regimen for perimenopausal women with acne concerns, as it is oil-free and designed specifically for estrogen deficient skin. RetriDerm Mild is a high protein topical retinol helps with photo rejuvenation and acne."

emepelle.com



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