

# WINTER RADIANCE FACIAL

Treat them to a break from all the bustle of the winter months! Clients will enjoy enticing aromas of cinnamon and cloves, cherry essence and rich, decadent chocolate as these natural extracts are layered into the skin for the most delicious winter treat. Skin will sparkle for days to come!

## PRODUCTS USED

Foaming Peptide Cleanser

Pumpkin Cleanser

Cherry Jubilee Enzyme

Antioxidant Complex Serum

Hydrating Grape Seed Serum

Chocolate Antioxidant Mask

Blushed Wine Gel

Daytime Defense

IC Crème or Powder

## SKIN PREPARATION

Cleanse skin with mixture of **Foaming Peptide Cleanser** and **Pumpkin Cleanser** – use quite a bit and really lather up. Begin cleansing step using gentle effleurage movements. Rinse with tepid water and 4x4 gauze. Pat skin dry.

## ENZYME APPLICATION

Dispense 1 tsp. of **Cherry Jubilee Enzyme** into glass beaker and apply to face and neck using a firm, square brush. Use a vapor of light steam while enzyme is on skin and offer aromatherapy of lavender and geranium. Hold energy points on sternum and mid-back with full palms of hands and fingertips. Begin gentle breathing so that you and your client are in sync with your breath. Remove with 4x4 gauze and tepid water. Pat skin dry.

## BUILDING AND STRENGTHENING APPLICATION

Apply 2-3 pumps of **Antioxidant Complex Serum** and 2-3 pumps of **Hydrating Grape Seed Serum** and apply generously to the face, neck, and décolleté using effleurage strokes. Let absorb and remain on skin.

## MASK APPLICATION

Dispense 1 tsp. of **Chocolate Antioxidant Mask** into glass beaker and apply evenly to face and neck with a firm, square brush. Place damp, cool eye pads over eyes. Lay two unfolded 4x4 gauze, dampened with cool water, on the upper and lower portions of the face. Roll chilled Ice Globes over face for 2-3 minutes. Apply hot compress for 10 minutes.

Remove mask with tepid water and 4x4 gauze. Pat skin dry.

## FINISHING APPLICATION

Apply 1-2 pumps of **Antioxidant Complex Serum** to face and neck. Let absorb and remain on skin. Apply 1-2 pumps of **Blushed Wine Gel** on face and neck. Let absorb and remain on skin.

Finish with 1-2 pumps of **Daytime Defense** or **IllumiColour Natural Mineral Crème** or **Powder** for day time protection.